

MESSAGE FROM THE AFTER PROM CO-CHAIRS



Each year in September a group of dedicated volunteers begin the planning process for the After Prom. These parents volunteer because they believe in the purpose of After Prom: keeping Mt. Hebron students safe. These volunteers realize that part of their efforts will be in vain and that there will be the homes that allow drinking and students who will choose that option, with which it is very difficult to compete. But they also know that there will be the students who choose a safe environment or the parent who will take the position that it is "After Prom or home". It is for those parents and students that this group puts in numerous time and effort.

There are those who support After Prom in its fundraising efforts whether it is through buying food at Adobes, directly donating money, or hauling mulch throughout the Hebron community. Yet after all that support we ask the community to forego sleep on the night of After Prom in order to man casino tables serve food escort students to their cars or generally supervise events.

We have to admit that there is always a point when we feel that we are not going to be able to make it happen. Yet we are always overwhelmed by the support this event receives, and often from the same people over and over. This is a heartfelt thanks to everyone who-helped, with the hope that support for this event grows to 100%. How great it would be to have all junior and senior parents join together to keep their students safe on prom night.

Scott Ruehl and Cindy Ardinger
Co-Chairs of The After Prom Committee

Volunteer Chairs

Genna Cowen
Paula Henry
Jane Chambers

Hospitality Chairs

Betty Spero
Radhika Sitaram

Prize Committee

Leslie Ceresi
Sharon Jordan
Judy Comiskey
Mary Howser
Susan Idzi
Molly Croyle

Letter Solicitation Chair

Felicia Jenkins

Mulch Chair

Jane Chambers

Business Support

Qdoba
Green Turtle
Zen Hair Salon
Mine Burke of Cookie Lee
Leslie Ceresi of Cookie Lee
Eric Nass
Chick-Fil-A
YMCA of Ellicott City
Signature Hair Design
Dunkin Donuts
Vocellis
Queens Nails IV
Quest Fitness
Waverly Frame and Art

Karen Jury Photographer
Round Top Resort
Whitetail Resort

Volunteers the night of After Prom

A special thank you to all the administrators and teachers who came out and stayed through the early morning hours. Your presence was greatly appreciated.

Cindy Anderson
Cindy Ardinger
Jim Bahel
Angela Ballard-Landers
Darcy Bellido de Luna
A.J. Bellido de Luna
Renee Bishop
Matthew Caldwell
Jane Chambers
Neil Clabough
Genna Cowan
Mike Dombrowski
Daphne Ebron
Brenda Ebron
Bill Eisenrauch
Margie Gioia
Suzy Giosa
Alan Gould
Paula Henry
Pat Hirt
Beth Holt
Sarah Hoppers
Felicia Jenkins
Richard Johnson
Sharon Jordan
Regina Kempic
Ken Kyser

Kacy Leach
Aida Lebbos
Amy Lechmann
Jesse Lopez
Carol Lundell
Tony Lundell
Linda McLain
Mary Neiderer
Wanda Nieves
Susan Niezelski
Mike Niezelski
William Oliver
Tina Owens
Beth Reiser
Monte Reiser
Lora Rochester
Ken Rochester
Scott Ruehl
Michael Santoni
Michele Shade
Radhika Sitaram
Nancy Smith
Vikki Smouse
Betty Spero
Renee Spiegler
Brenda Stacy
William Straube
John Tam
Charles Turner
Kurt Vogan
Colleen Vogan
Jennifer Weber
Susan Wiggs
Janice Winter
Rena Yang
Jeannie Yep

MORE AFTER PROM THANK YOUS

Ticket Sales

Pat Hirt
Patti LeConte
Susan Neizelski
Jeanne Yep
Diane Wise
Beth Risinger
Karen Crowder
Nancy Smith
Diane Cranston
Rita Herlihy

Cash Donators

County Executive Ken Ullman and the
Howard County Government
Mt Hebron Viking Backers
The Cortina Family
The McDade Family
The Buescher Family
The Owens Family
Columbia Aquatic Association
The Moynihan Family
The Bishop Family
The Lechmann Family
The Hirt Family
The Brown and Carroll Family
The Siahpoushan Family
The Blevins Family
The Heiser Family
The Allotey Family
The Arens Family
The Knapp Family
The Kanahan Family
The Lynch Family
The McCloskey Family
The Tucker Family
The Miller Family
The Crittenden Family
21st Century Fireplace Services LLC
Yang and Zhu Family
The Albrecht Family
The Schilstra Family
The Barber Family
The Birus Family
The Cozzo Family
The Yacynych Family
The Kronberger Family
The Kempic Family
The Randhawa Family
The Haman Family
The Damrongsri Family
The Dames Family
The Azevedo Family
The Toth Family
The Piegols Family
The Delmore-Jenkins Family
The Sung Family
The Hedges Family
The Henline Family
The Peterson Lebbos D'Aquila Family
The Kyser Family
The Simard Family
The Gould Family
The Reiser Family
The Czulewicz Family
The Lawrence Family
The Mburu Family
The Kelly Family
The Palmer Family

The Wilkinson Family
The Augustine Family
The Turner Family
The Ivey Family
The Scobell Family
The Bhatia Family
The Suchocki Family
The Curran Family
The Duvall Family
Escobar Calderon Family
Farrell-Grieff Family
Fernande Family
Nicholas Family
Burke Family
Strem Family
Souders Family
Merriman-Sokolow Family
Avvance LLC

Mulch Volunteers

Sydney Bandy
Amol Bhatia
Bob Bianca
Shaffer Bond
Cathy Bothe
Jim Bothe
Denise Bounds-Jackson
Maddy Brius
Taylor Broache
Clayton Buescher
Daniel Burdette
Mike Cavey
Jane Chambers
Mark Chambers
Cody
Liam Coffey
Patrick Coffey
Genna Cowan
Jim Cowan
Tony Culler
John Demek
Kelli Dicks
Matt Dicks
Cheryl Dombrowski
Eric Dombrowski
Linda Dombrowski
Mike Dombrowski
Rachel Fulcino
Harisha Garimella
Havisha Garmilla
Cristina Gregory
Paul Hayden
Paula Henry
Chandler Hoffman
Matthew Hood

Mike Hood
Sarah Hoppers
Kevin Hough
Matt Hough
Herbert Ibitola
Bob Imre
Duwuan Jackson
Jake
Herb Jenkins
Man Jenkins
Christin Knott
Kyle Krueger-Maynor
Sally Lee
Paul Marciniak
Mark Mayr
Coach McCarthy
Andrew Mendez
Gus Mendez
Izabelle Mendez
Brian Mengele
Marty Mengele
Kira Miller
Ron Miller
John Nancarrow
Jon Nass
Mark Pomponi
Meghan Prendekowski
Jeff Rasmussen
Jay Richardson
Tom Rochester
Scott Ruehl
Joshua Ruehl
Dianna Samek
Joe Smith
Taylor Smith
Matt Steinmuller
Ben Straube
Corinne Straube
Will Straube
Justin Talley
David Tighe
Terry Trask
Charles Turner
UI lacross
AJ Wade
Storm Wallpher
Son Wiggs
Susan Wiggs
Justin Wilk
Mother Wilk
Khalaya Wilson
Kimberly Wilson
Jenifer Wingate
Ken Wingate
Lisa Wingate

After Prom

HOSPITALITY



The Hospitality grand finale is the **End of the Year Lunch** on **Tuesday, June 21**. Plan to be a

part of this fun summer picnic style event. If you are not already a part of our committee and would like to be, email

Heather Gaetano at

thegaetanos@verizon.net or

Nancy Smith at

nancydansmith@verizon.net



ECONOMICS CHALLENGE TEAM COMPETES NATIONALLY



The Mt. Hebron Economics Challenge team "Friedman's Phalanx" **placed ninth** among Advanced Placement and International Baccalaureate economics teams in the United States in the National Economics Challenge national semi-final competition on April 27. The Mt. Hebron team bested more than 1,400 teams nation-wide in the contest and bested or equaled several of the most elite schools in the United States. Seniors **Agree Ahmed, Ningwei Li, Jay Ritch, and Robbie Suchocki** represented Mt. Hebron and Maryland in the national semi-finals after winning the state championship in late March. This is the second year in a row that Mt. Hebron has won the Maryland state Economics Challenge competition and participated in the national semi-finals.

The Economics Challenge is the only nation-wide competition of academic economics for advanced high school students. The Council on Economic Education sponsors the competition.

STAMP OUT INTOLERANCE

Please save the postage stamps from mail you receive and send them in to school. There are collection boxes in every English class, or they can be taken to the front office and put in Mrs. Fagan's mailbox. Thank you for your continued support of our project.

Cyndie Fagan, English ITL



To contribute news, photos and web links to the Viking Voice newsletter, email mthebron@gmail.com. The deadline is the first of the month. We publish around the 10th of the month.

**HOSPITALITY
THANK YOU'S**



Hospitality started the month of May showing our thanks to the great Hebron administrators, teachers and support staff with **Staff Appreciation Week**.

Thanks to the help of the **SGA, POHS (Parents of Hispanic Students), and the PTSA**, Mt. Hebron staff was showered with breakfast, Cinco de Mayo desserts, a T.G.I.F. lunch and other fun surprises through out the week.

Thanks to the Hospitality volunteers that helped make it great!

- Sheri Brun**
- Chris Campbell**
- Rene Carter**
- Linda Dombrowski**
- Kelley Dubois**
- Pat Hirt**
- Annette Hoffman**
- Patti LeConte**
- Liz Lucchesi**
- Kathleen Marino**
- Helen Owens**
- Pam Piegols**
- Thaila Ramanathan**
- Candy Sokolow**
- Lynn Stagg**
- Jennifer Weber**
- Lisa Welch**



Success in Style

The Success in Style clothing drive was a success!

We collected over one hundred suits for individuals trying to start a new life.

Thank you to all the faculty, parents and students who donated professional business clothing.



BACCALAUREATE

WHAT IS A BACCALAUREATE?



The Baccalaureate ceremony is a spiritual send off for Seniors of all religions and nationalities. It is a time to hear an inspirational message of hope and vision, watch fellow Seniors perform musical selections, skits or dramatic readings, and wear the cap and gown for the first time. Students are allowed to wear pins and stoles that will not be allowed at Graduation.

The ceremony, which lasts for about an hour, starts with Seniors processing to Pomp and Circumstance. During the ceremony, a guest speaker will give a message of hope and encouragement for the graduates and their families. Afterwards, there is a reception held in honor of the Seniors for family and friends. It's a special time to honor the Seniors for their hard work and dedication throughout their four years at Mt Hebron.

For information, please contact Leigh Moynihan at 410.733.1392 or at leigho75@comcast.net

If you are a Senior and would like to attend or perform in the event, please check Facebook groups

This is a PTSA and community sponsored event.

To contribute news, photos and web links to the Viking Voice newsletter, email mthebron@gmail.com. The deadline is the first of the month. We publish around the 10th of the month.

HSA's

Any students who are taking the HSA's this spring can begin preparing by taking practice exams at the following website:

<http://hsaexam.org/support/practice.html>

Start preparing NOW!



STUDENT SERVICES NEWS



SENIORS AND PARENTS



Awards and Scholarships

This is reminder to all Senior parents to please have any scholarship(s) or award(s) for the ***MHHS Award Booklet*** to Mrs. Linda Mathias by the **May 15 deadline**. Anything submitted after this date will not be included in the booklet.

Final Transcripts

1. Double check whether your college requires a Final Transcript. Most do so you might want to send one regardless!
2. Bring to the Registrar's office, located in Student Services, a stamped envelope (\$0.44) addressed to your chosen college. Please include your name in pencil on the front lower part of the envelope.
3. If you or your parents have any questions, please feel free to contact Mrs. May or Mrs. Winters at 410-313-2883

Letters of Acceptance

Also don't forget to share your good news with your counselor and teachers when you hear from colleges!! We will be as happy as you are and you deserve to be celebrated.

Graduation Survey

Please complete the graduation survey found under the ABOUT ME tab on Family Connection. Fill in whether you were accepted or not under your college choices. You can complete this as often as you need to as you find out your status.

It is completely confidential from your peers. NO ONE will know the decision except the counselors.

Please be sure to do this so the next generation of Mt. Hebron seniors will have the same valuable information that previous seniors provided for you!!!!



SUMMER STUDY SKILLS CLASSES, COMPUTER APPS

Summer Study Skills Camps will be held the weeks of August 1, 8, and 15. Middle School classes meet from 9:00 - 11:00, and High School classes meet from 11:30 - 1:30 Monday-Friday. All classes meet at the University of Phoenix building in Columbia.

Subjects include · How to Study More Effectively · Time Management - Overcoming Procrastination · Test-taking Skills · Focusing, Concentrating and Getting Organized, · Taming ADD · Dealing with Boredom and Overwhelm · Effective Self Advocacy, and more. Great for students who have never learned how to study and those who are creative thinkers whether they are gifted learners or struggling students.

The sliding scale fee ranges from \$145 to \$209 (\$165 - \$229 for Summer Camp) and includes a copy of What's My Style? Test and Study Secrets for Procrastinating Teens by Betty Caldwell.

To register, go to www.Stresslestests.org. For more information, contact Betty Caldwell at 410 740-4659, or Bcaldwell@comcast.net.

Please check out: www.Stresslestests.org

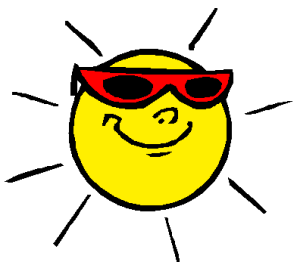
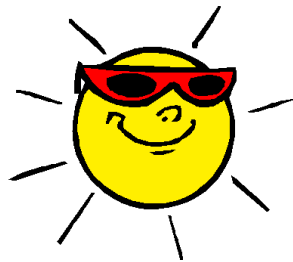
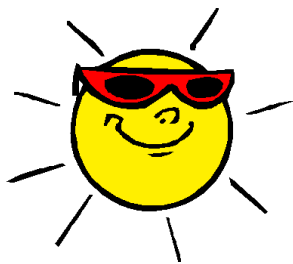
NATIONAL HONOR SOCIETY: THE SELECTION PROCESS

The National Honor Society is an organization sponsored by the National Association of Secondary School Principals. Membership in this organization is an honor awarded to those juniors and seniors who have met all of the requirements and have been selected by the NHS Faculty Council. To be considered for membership, students must have a cumulative unweighted, unrounded GPA of 3.40 or higher at the end of the sophomore or junior year. They must have demonstrated leadership qualities in the classroom and in extracurricular activities, and they must have exhibited outstanding qualities of honesty, integrity and citizenship in service to their school and community.

Since members are selected by the NHS Faculty Council after completion of the selection process, a student must be invited to become a member. Once students have been selected for membership, they must maintain the same high standards of scholarship, leadership, service and character which served as the basis of their selection, and they must participate in many service activities sponsored by the Mt. Hebron Chapter of the National Honor Society. Twenty service hours per year are required, ten of which must be in school-related service activities. Annual dues are collected as well.

Interested sophomores and juniors should fill out the selection materials that can be obtained in room 137. Candidates will also need to provide 6 teacher recommendation forms and school/community activity forms from each activity sponsor. Teachers will be rating students on the qualities of character and leadership. School/community activity sponsors will be rating students on involvement, commitment, and leadership. Extra recommendation forms can be found on the NHS section of the Mt. Hebron website. Parents/guardians should review all selection materials and sign the student information form prior to submission.

All selection materials are due to Mrs. Sankey or Mrs. Ammann no later than Friday, May 27, 2011. This is the only opportunity for selection to NHS for the 2011 – 2012 school year. New members will be announced in early fall of 2011 and the induction ceremony will take place in October of 2011. Questions about the selection process can be directed to Mrs. Sankey or Mrs. Ammann.



VIKING BACKERS MEETING SCHEDULE

Wednesday, June 13, 2011

Cafeteria 7:00pm

The Viking Backers are excited to welcome the following new leaders in our organization:

Christine Daughery
Vice President Concessions

Patti LeConte
Volunteer Coordinator

Looking for a great way to make a difference, be involved, and have fun?

We are still looking to fill many **new positions** for next year's organization. Join us the first Monday of every month at 7 pm in the cafeteria.

Due to graduation week, the meeting for June will be held on June 13.

Hope to see you there.



VIKING BACKERS NEWS

The Viking Backers are hoping the your family can join us for the 5K race/run/1K walk that will be held on May 14th, 2011. For details on how to enter the **Check out their site at: viking5k.wikispaces.com/ for more information.** This is a great event for our community, hope to see you there.

The Viking Backers Booster Club is proud to announce that the first "**Norseman Scholarship**" will be awarded to a Mount Hebron High School senior who has personified the booster's goal of making a difference at the high school and within the Mt. Hebron Community, while having maintained a 2.5 grade point average (GPA) or better. All the entries have been collected and the committee is in the process of choosing this year's recipient. The winner will be announced at the senior Awards Ceremony.

Volunteers are needed to assist in this spring's **concession stand**. Sign-up via the internet for a time and date of choice. Go to <http://www.signupgenius.com/go/mthebron>

*On a special note: The Viking Backers would like to thank Tina Wumer for her recommendation of this great technology, Sign Up Genius to help make volunteer sign up a user-friendly task.

If your family is looking for a vehicle for a new driver, [Freedom Wheels](#) has affordable cars and trucks to choose from. They also accept vehicles for donations and then provide wheels to challenged families.

Looking for a great way to make a difference, be involved, and have fun? The Viking Backers are excited to welcome the following new leaders in our organization:

Christine Daughery-Vice President Concessions

Patti LeConte-Volunteer Coordinator

We are still looking to fill many **new positions** for next year's organization. Join us the first

SPRING AND SUMMER DRIVER'S ED

The Viking Backers are pleased to announce the following Driver's Education classes that will be available this spring and summer. Sign up today at the websites listed below. All classes are held on the Mt. Hebron campus.

Greg's Driving School

Register Online

<https://www.gregsdrivingschool.net/register.aspx>

SPRING SESSION

5/16/11-5/27/11 3:00 pm - 6:15 pm

SUMMER SESSIONS

6/20/11-7/1/11 9:00 am -12:15 pm

8/15/11-8/26/11 9:00 am -12:15 pm

Street Smarts Driving School

Register Online Website

<http://streetsmartsmd.com/SCHEDULE.html>

SUMMER SESSIONS

7/6/11 - 7/19/11 9:00am - 12:15pm

8/1/11 - 8/12/11 9:00am - 12:15pm

SEND A GOOD-BYE GRAM TO A SENIOR



In April and May, the Interact club will also be selling Good-bye Grams. During lunch shifts, students will be able to purchase and **write a personal message to a graduating senior**. The messages will be attached to a candy bar and distributed at the end of the day near the end of May, before graduation. All proceeds will be donated to **Hebron for Hope**.

SUMMER ENRICHMENT PROGRAMS



Howard Community College will be offering a variety of enrichment classes for students ages 7-17 during the summer. Some offerings specifically geared to high school students include Creative Writing, Debating Strategies, Javascript, Research and Study Skills, Writing College Essays, Turning Books into Film, and SAT Preparation. Course description books can be found in Dr. Kiehl's room - 109 - and include all courses for elementary, middle, and high school students. Please have your child visit Dr. Kiehl's room, or email her at mkiehl@hcpss.org to discuss how to get a registration booklet.

Melissa L. Kiehl, Ed.D.
Gifted and Talented Resource Teacher

COME JOIN US ON THE ICE

The Mt. Hebron Ice Hockey team is currently recruiting players for the 2011-2012 season.

Anyone interested in finding out about the team and what it has to offer should contact one of the coaches listed below. Any current 8th graders or those in 9th through 11th grade are eligible. Prior hockey or skating experience is preferred, but not required. Practices are held once a week from September through February and we play games on a weekly basis from November through early February.

We are also looking for student managers, writers and a videographer for the team.

Please contact either:

Eric Huss at husse@verizon.net (phone: 410-707-1826) or

Carsten Nilsson at carsten_nilsson@hcpss.org (phone: 443-695-0048)

Manager: Vanessa_lichliter@hcpss.org or dvkml@verizon.net





Hebron Gets Involved



OPEN YOUR DOOR TO THE WORLD -- HOST AN EXCHANGE STUDENT



HOST FAMILIES ARE STILL NEEDED!

Around the world, students are preparing for a year at an American high school.

Mount Hebron has an amazing tradition of welcoming exchange students!

Please consider hosting a student like one of these:

Zexi, a 15-year-old from China; she is an artist who runs track and swims.

Ryunosuke, a 17-year-old from Japan; he's a rugby player with an interest in world affairs.

Xavier, a 16-year-old from Spain; he practices tae-kwon-do & has a great sense of humor.

Thea, a 16-year-old from Denmark; she loves sports and is good at baking.

Sergio, a 17-year-old Bolivian; he participated in the Physics & Astrophysics Olympiad.

Giada, a 16-year-old Italian, loves to play the piano; she spent last summer as an au pair.

All students come with their own spending money and health insurance. As hosts, you provide meals, a bed, and an American family.

AFS Intercultural Programs is a non-profit organization with over 60 years of experience in student exchange. Our Howard County chapter provides support for students and families. For more information, contact our local volunteer Sandi Smith at 410-418-4865 or Sandi.smith@afs.org or go to www.afsusa.org/hostfamily.



(Not the actual students)





2011 Baccalaureate Ceremony

Mt Hebron Presbyterian Church
Sunday May 22, 2010
6 pm

- ◆ Wear your cap and gown for the first time
- ◆ Sit with friends
- ◆ No tickets required, invite your whole family
- ◆ Reception follows!

For information contact:

Leigh Moynihan

410.733.1392 or leigho75@comcast.net

Please check Facebook groups

This is a PTSA and community sponsored event.



Fabulous mentors who could provide internship opportunities for Mt. Hebron students.

What do you do for a living? Who do you know?

What does your neighbor do?

How about other local family members...friends?

Please help in my search for Gifted and Talented Mentor Program placements. The mentor program is a chance for our students to learn about a topic of their choice through scholarly research and on-site work experiences. Students volunteer 5 hours each week at their internship site. Through the Gifted and Talented Program, students gain a deep understanding of a topic or career interest that they may continue to pursue after high school. I am looking for opportunities in the following fields:

Electrical Engineering
Internal Medicine
Surgery
Pediatric Dentistry
Cardiology
Engineering
Law
Anesthesiology
Pediatrics
Aerospace Engineering
Languages/Security
Engineering (Fuels, Power)
Orthopedics
Computer Science

General Dentistry
Internal Medicine
Psychology
Medical Engineering
Dentistry
Orthodontics
Accounting
Music Business
Event Planning
Music Technology
Air Force; Pilot
Law Enforcement; US
Military

Please contact Dr. Melissa Kiehl, Gifted and Talented Resource Teacher, with any opportunities that you may have available for a student.

410-313-2887

mkiehl@hepss.org



**MT. HEBRON
HIGH SCHOOL**
Mr. Scott Ruehl, Principal
9440 Route 99
Ellicott City, MD 21042



Ms. Jeannie Prevosto, CMAA
Athletics & Activities Manager
Office: 410-313-2885
FAX: 410-313-2889
jeannie_prevosto@hcpss.org

**Summer, 2011, Weight Lifting Hours
In our New Weight Room**

All CURRENT and Incoming 9th Grade Mt Hebron High School Students are welcome to attend our summer weight lifting sessions. The days and hours are as follows:

BEGINNING Monday, June 20:
Monday, Wednesday & Friday from 7:00AM - 8:30AM

**MT. HEBRON
HIGH SCHOOL**

Mr. Scott Ruehl, Principal
9440 Route 99
Ellicott City, MD 21042



Ms. Jeannie Prevosto, CMAA

Athletics & Activities Manager

Office: 410-313-2885

FAX: 410-313-2889

jeannie_prevosto@hcnss.org

Mt. Hebron High School Athletics & Activities Department Important Dates for the Class of 2015

- Concussion Testing June 6-9, 3:30-6:00 (3:30-4:15; 4:15-5:00; 5:00-5:45);
- Activity Day for Incoming 9th Graders, June 8, 10:00AM -1:00PM;
- Summer Weight Training begins on June 27, through August 12th (Monday, Wednesday & Friday, 7:00AM-8:30AM);
- Fall Sports Sign-Up – Monday, August 8 (4:30-6:00PM in the Cafeteria);
- Fall Sports Try-outs – Saturday, August 13th, Times TBA on HCPSS ealert;
- New Student Orientation, Friday, August 26th, 10:00Am-1:00PM;

- Club Sign-Up Week – September 6 – 9 during ALL Lunch Shifts;

- Winter Sports Sign-Up – November 8 (4:30-6:00PM in the Cafeteria);
- Winter Sports Try-outs – November 15, Times TBA on HCPSS ealert;

- Spring Sports Sign-Up – February 22 (4:30-6:00PM in the Cafeteria);
- Spring Sports Try-outs – March 1, Times TBA on HCPSS ealert;

SAVE THE DATE!!!

Monday, August 8th, from 4:30-6:00PM
Fall, 2011, Sports Sign-Up

All Students interested in trying out for a Fall Sport at Mt. Hebron High School are urged to attend our Fall Sports Sign-up Night on Monday, August 8th, from 4:30-6:00PM at MTH. Please bring with you the following information: (Bold indicates forms can be down loaded at www.mthebron.com):

1. **Pre-Participation Physical Examination (dated on/after April 1, 2011)**
2. **Impact Concussion Tested (Valid for two years). Parents/Guardians must complete and Sign the HCPSS Concussion Permission forms** which are to be turned in to the Trainer at the start of the Impact Test. Incoming 9th Graders will be Impact Concussion Tested on the following dates and times: Please be punctual for the time slot you select, as each test will start promptly on the given times below: June 6-9 during these three time slots, 3:30-4:15; 4:15-5:00; 5:00-5:45.
3. **Parent Permission Form**
4. Photo copy of their Birth Certificate (only if this is their first time participating in a sport at MTH)
5. Meet the HCPSS Academic Eligibility Requirements (No "E" grades, Minimum 2.0 GPA on their 1st Quarter report Card in order to try-out);
6. Incoming 9th graders are EXEMPT from Academic Eligibility for the Fall Season;
7. Residency Verification (in the form of a BGE Bill, Water Bill or Land Line phone bill - required once per school year)

Fall Sports try-outs begin Saturday, August 13th, 2011.
Students MUST meet ALL the Participation requirements
above and hand in all necessary paperwork ON OR BEFORE
AUGUST 13th, in order to participate in the Fall try-outs.

Fall Athletic Programs

Allied Co-Ed Soccer

Cheerleading

Boy's & Girl's Cross Country

Field Hockey

Football

Golf

Boy's & Girl's Soccer

Volleyball

MTH Athletic Department Important Dates May, June & August, 2011

1. Monday, May 9 - Boy's & Girl's Lacrosse Play-off Draw;
2. Monday, May 9 – Track County Championship Meet (Day 1) at River Hill HS, 4:00PM;
3. Tuesday, May 10 - Softball Draw;
4. Tuesday, May 10 - Track County Championship Meet (Day 2) at River Hill HS, 4:00PM;
5. Wednesday, May 11 - Baseball Draw;
6. Tuesday, May 10 – County Tennis Tournament, Day 1, 2:45PM at Wilde lake Tennis Club;
7. Tuesday, May 10 – District V Lacrosse Championship AT Reservoir HS, Boy's Game, 5:00PM, Girl's Game, 7:00PM
8. Wednesday, May 11 – County Tennis Tournament, Day 2, 2:45PM at Wilde lake Tennis Club;
9. Thursday, May 12 – County Tennis Tournament, Day 3, 2:45PM at Wilde lake Tennis Club;
10. Thursday, May 12 – 1st Round Boy's & Girl's Lacrosse Play-Offs, Teams, Site & Time TBA;
11. Friday, May 13 – 1st Round Softball & Baseball Play-offs, Teams, Site & Time TBA;
12. Friday, May 13 – County Tennis Tournament, Day 4, 12:00PM at Wilde lake Tennis Club;
13. Saturday, May 14th – County Tennis Tournament, Day 5, 8:30AM at Wilde lake Tennis Club;
14. Saturday, May 14 – Viking Backers 5K, 9:00AM – 11:00AM Stadium
15. Saturday, May 14 - Boy's & Girl's Lacrosse Quarterfinal Play-offs, Teams, Site & Time TBA;
16. Monday, May 16 – Baseball & Softball Quarterfinals, Teams, Site & Time TBA; Boy's & Girl's Lacrosse Semi-Finals, Teams, Site & Time TBA;
17. Wednesday, May 18 – Baseball & Softball Region Semi-finals, Teams, Site & Time TBA; Boy's & Girl's Lacrosse Region Finals, Teams, Site & Time TBA;
18. Thursday, May 19 – Track Region Championship Meet (Day 1) at Reservoir HS, 4:00PM;
19. Thursday, May 19 – Regional Tennis Tournament @ Druid Hill Park, 3:00PM;
20. Friday, May 20 – Regional Tennis Tournament @ Wilde Lake Tennis Club, 12:00PM;
21. Friday, May 20 – Baseball & Softball Region Finals, Teams, Site & Time TBA; Boy's & Girl's Lacrosse State Semi-finals, Annapolis HS, Teams & Times TBA;
22. Saturday, May 21 – Track Region Championship Meet (Day 2) at Reservoir HS, 10:00AM;
23. Saturday, May 21 – Boy's & Girl's Lacrosse State Semi-finals, Annapolis HS, Times TBA;
24. Tuesday, May 24 – Baseball (Joe Cannon Stadium) & Softball (Bachman Park) State Semi-finals; Boy's & Girl's Lacrosse State Championship at UMBC, Time TBA;
25. Wednesday, May 25 – Boy's & Girl's Lacrosse State Championship at UMBC, Time TBA;
26. Thursday, May 26 – State Track Meet at Morgan State University, 4:00PM
27. Friday & Saturday, May 27 & 28 – Baseball (Cal Ripken Stadium) & Softball (UMCP) State Championship, Times TBA;
28. Friday, May 27 – State Tennis Tournament – UMCP, 8:30AM;
29. Saturday, May 28 – State Tennis Tournament – UMCP, 8:30AM.;
30. Tuesday, May 31 – GRADUATION, 12:00PM, Merriweather Post Pavilion;
31. Monday, June 6, 7:00PM – Viking Backers Meeting – “Open House” for Incoming 9th grade Middle School Parents in the MTH cafeteria;
32. Wednesday, June 8 – Activity Day for Incoming Freshman – 9:00AM – 11:30AM, Stadium & Auditorium;
33. Monday, August 8 – Fall Sport Sign-Up, MTH, 4:30 – 6:00PM, Place TBA;
34. Saturday, August 13th – Fall Sports Begin;
35. Tuesday, August 24th, Fall Athletic Orientation Program, 6:30-PM in the Main Gym or Auditorium if Gym is not available;

MOUNT HEBRON VIKINGS

SPORTS offered at Mt. Hebron High School

Athletics & Activities Manager – Jeannie Prevosto (410) 313-2885 - www.mthebron.com

FALL SPORTS – AUGUST 14TH

- JV Cheerleading
- Varsity Cheerleading
- Cross Country
- JV Field Hockey
- Varsity Field Hockey
- JV Football
- Varsity Football
- Boys Golf
- Girls Golf
- Allied Co-Ed Soccer
- JV Boys Soccer
- Varsity Boys Soccer
- JV Girls Soccer
- Varsity Girls Soccer
- Freshman Volleyball
- JV Volleyball
- Varsity Volleyball



WINTER SPORTS – NOVEMBER 15TH

- JV Boys Basketball
- Varsity Boys Basketball
- JV Girls Basketball
- Varsity Girls Basketball
- Allied Co-Ed Bowling
- JV Cheerleading
- Varsity Cheerleading
- Boys Indoor Track
- Girls Indoor Track
- Wrestling



SPRING SPORTS – MARCH 1ST

- Allied Golf
- JV Baseball
- Varsity Baseball
- JV Boys Lacrosse
- Varsity Boys Lacrosse
- JV Girls Lacrosse
- Varsity Girls Lacrosse
- Allied Co-Ed Indoor Softball
- JV Softball
- Varsity Softball
- Tennis
- Boys Track
- Girls Track



2010-11 Summer Camp Dates, Times and Camp Sponsor e-mail addresses

Girl's Lacrosse	June 13-17, 5:00 - 8:00PM	(Email Patricia_C_Sullivan @ hcps.org for more information)
Boy's Lacrosse,	June 20-24, 5:00-8:00PM	(Email Michael_Mccarthy @ hcps.org for more information)
Football,	July 25-29, 9:00AM-12:00PM	(Email Ross_Hannon @ hcps.org for more information)
Boy's Soccer,	August 8-12, 9:00AM-12:30PM	(Email blinsenmeyer @ hotmail.com for more information)
Girl's Soccer,	August 8-12, 9:00AM-12:30PM	(Email Timothy_Deppen @ hcps.org for more information)

MT. HEBRON HIGH SCHOOL PTSA

MEMBERSHIP 2010-2011

When PTSA gets involved, children benefit.

When you get involved with PTSA, the child who benefits most is your own.

Dear Mount Hebron Parents, Teachers, Students and Friends:

You are invited to join the Mount Hebron PTSA. The PTSA is an organization committed to enhancing the educational environment at Mt. Hebron by providing informational programs, communicating with the school board and legislators, and sponsoring student-related events. The PTSA is a voice for parents, teachers, administrators, staff and students. This year the PTSA will:

- Maintain a PTSA website which includes the Week-At-A-Glance, spotlighting school events
- Publish monthly newsletters
- Publish a school directory of students and parents
- Provide countless volunteer hours to support students, administration and staff
- Offer SAT prep courses
- Sponsor After-Prom Party, Honor Roll Recognition Night, Baccalaureate, Prom Promise Program
- And MORE...

Your membership dues of \$10.00 per person help provide funding for these special events and programs. Become a PTSA Patron with a donation of \$25.00 and show additional support for the PTSA. This is the only fund-raiser for the PTSA this year. Each member and patron will be recognized in a future VIKING VOICE. Seniors and at least one parent must be members to be eligible for PTSA scholarships.

We live in one of the wealthiest counties in the country. Please join today to show your support and help us reach 100% membership.

Thank you!

Cheryl Sinclair
Mount Hebron PTSA Membership Committee

PTSA Membership Form

Name _____
 Student Name _____ Grade _____
 Student Name _____ Grade _____
 Address _____
 Home Phone _____

Member (\$10/person) _____ Student Member (\$5/person) _____ Patron (\$25/person) _____

Make check payable to: MT. HEBRON PTSA. You may mail your membership to PTSA Membership Chairman, 9440 Rte. 99 Ellicott City, Md. 21042, or drop it off at the school office in the PTSA Mailbox. Thank you for joining the PTSA!!

S.C. ENT PRESENTS... SENIOR WEEK 2011

OCEAN CITY

2 PARTY BUS TRIPS FOR SENIOR WEEK!

S.C. Entertainment

2 PARTY BUS OPTIONS!
BUSES GO TO D.C. ON: **JUNE 5 & JUNE 10**
(ALL RETURN ON JUNE 12 ~ FULL INFO ON REVERSE)

Reclining Seats ~ Restroom ~ Sodas/Snacks ~ Music ~ TV Monitors
Overhead Lights, Speakers & Air Cond ~ Professional Drivers
Overhead/Underbus Luggage Compartments ~ Security