

MESSAGE FROM THE PTSA PRESIDENT, ANGELA BALLARD-LANDERS



October is Breast Cancer Awareness Month – Awareness, Education, and Advocacy are major aspects in winning the battle to find a cure for breast cancer. Experts continue to stress the importance of obtaining regular mammograms and early detection, which are crucial to survival. Susan G. Komen for the Cure (www5.komen.org), the American Cancer Institute (www.cancer.org), and the National Breast Cancer Awareness (nbcam.org) are organizations working towards a common goal – **A Cure**. Go to their websites to learn how you can help.

October is **National Fire Prevention Month** and the perfect time for everyone to learn about fire safety and prevention. It's important for families to be aware of what causes household fires and how to lessen the risks. Some of the main culprits of household fires are:

**Furnaces
Dryers**

**Faulty wiring
Children playing with matches**

**Heaters
Unattended candles**

The American Red Cross wants families to remember two key safety steps: installing smoke alarms and developing a fire escape plan. Also, don't forget to install carbon monoxide detectors. To learn more about fire safety and prevention, go to the American Red Cross, www.redcross.org or the National Fire Protection Association, www.nfpa.org.

Yom Kippur (Hebrew: **יום כיפור** meaning *Day of Atonement*) began at **sunset Friday, October 7, 2011** and ended at **sunset Saturday, October 8, 2011**; it is the holiest day of the year in the [Jewish](http://www.jewish.org) calendar and falls on the tenth day of Tishrei - the seventh month of the Jewish calendar. As the Jewish day of [Atonement](http://www.jewish.org), Yom Kippur's central themes are repentance and reconciliation with God and one's neighbors.

It is said that "the Day of Atonement" can absolve people from sins against God, but not from sins against a fellow human unless the pardon of the offended person be secured. Hence the custom of terminating all feuds and disputes on the eve of the fastday (or in the ten-day period between [Rosh Hashanah](http://www.jewish.org) and Yom Kippur).

The day is commemorated with a 25-hour [fast](http://www.jewish.org) and intensive [prayer](http://www.jewish.org). Total abstention from food and drink usually begins half-an-hour before sundown (called "*tosefet Yom Kippur*," the "addition" of fasting part of the day before is required by Jewish law), and ends after nightfall the following day. To learn more about Yom Kippur go to www.newworldencyclopedia.org.

Beware of Deer: Deer frequently travel in family groups and single file. When one crosses, others are likely to follow. **BE ALERT.**

Quick Reminders: Have you?

- **Joined the PTSA**
- **Signed a Safe Home Pledge**
- **Completed a Volunteer Form**

It's not too late! Get Involved...Stay Involved

Questions, comments, or concerns, contact me at mthhsptsaprez10@gmail.com or 410-461-8422.

Angie
Angela J. Ballard-Landers, President
Mt. Hebron High School PTSA

*Believe in yourself, your neighbors, your work, your ultimate attainment of more complete happiness.
It is only the farmer who faithfully plants seeds in the Spring, who reaps a harvest in Autumn.*

- B. C. Forbes



Teen 2 Teen – Teen Use of Alcohol and Drugs

Monday, October 24, 7 p.m.
Reservoir High School, 11550 Scaggsville Road, Fulton, MD 20759

A panel of teens describes their experiences with substance abuse and how they overcame those challenges and started making healthier choices. Panel discussion follows, including a drug and alcohol abuse counselor who can answer your questions and concerns about what parents should look for and what they can do. Ages 13 and up with adult.

Admission is free. Additional details are available at www.hcdrugfree.org.

Sponsored by HC DrugFree and Reservoir High School PTSA



NM COLLISION AVOIDANCE TRAINING NM

Register now for Collision Avoidance Training teen driving courses this fall.

Howard County police will once again offer the popular Collision Avoidance Training course for teens this fall. Collision Avoidance Training is a defensive driving and vehicle control program for teens developed by the National Traffic Safety Academy.

Participants receive classroom training on a Friday evening. On Saturday, participants buckle into their own vehicles and gain valuable on-the-road experience. Sessions will be offered Oct. 21 & 22, Nov. 18 & 19 and Dec. 9 & 10.

During the two-day course, adapted from law enforcement training, teens learn how to handle their vehicles in any situation. Designed for new drivers who need more specialized experience on the road, Collision Avoidance Training teaches hands-on techniques for evasive maneuvers, emergency braking, cornering, backing, skid recovery, steering, acceleration and more.

The course is offered at the James N. Robey Public Safety Training Center, 2200 Scott Wheeler Drive, Marriottsville. The price is just \$95 for this valuable experience.

Participants must be ages 16-19, possess a valid Maryland driver's license and bring a vehicle to drive during the practical exercises.

For more information about CAT or to sign up, please call 410-313-3758 and leave a message. Space is limited.

A video about the course is available on the Howard County Police Department Facebook page: <http://www.facebook.com/video/video.php?v=1892906848164&oid=181604281876939>.

Meals for the participants are also generously donated by Browning Reagle Insurance Agency. Additional program support is generously donated by the Howard County Police Foundation.

GIANT A+ BONUS BUCKS AND SAFEWAY ESCRIP

DON'T FORGET TO **RENEW** OR **ENROLL** IN THE GIANT A+ BONUS BUCKS AND SAFEWAY ESCRIP GROCERY CARD PROGRAMS!

It's easy to do, it's free, and Mt. Hebron earns money every time you go the grocery store.

Giant A+ Bonus Bucks: www.giantfood.com/aplus
Mt. Hebron's ID number is **00996**

Safeway Escrip: www.escrip.com
Mount Hebron's ID number is **6540094**





VIKING BACKERS' FUNDING

The Viking Backers Booster Club sponsor many different events on a yearly basis to raise funds for Mt. Hebron. To that end, **the Viking Backers Boosters Club has raised and donated over \$150,000 in resources, equipment, competition fees, and other needed items to the student body-at-large over the last three years.** This year we have a target fundraising goal of \$60,000 in order to fund all of the submitted requests. Please help us reach our goal by joining the Boosters Club with a membership, making a concession stand purchase, volunteering your time at the concession stand, helping the day of homecoming (even for one hour), purchasing spiritwear, or donating your service or product for one of our fundraisers (such as our upcoming Basket Bingo on November 18).

One of our major money streams comes from the concession stand, which we open for all sports events. We always need extra hands especially at game half time and fundraisers. This year we have opened a **NEW indoor stand** – the opening has been an absolute success because of parents and community members who have helped us keep it open for events over the last several months! Your contribution of just 30 minutes of time can make a huge difference.

UPCOMING Viking Backers EVENTS and Membership

Coming up, we will be sponsoring a holiday stand, comedy night (on January 28th), a spring event – to be announced after the holidays, and a 5K Walk/Run Race in May. If you find yourself too busy to participate in an event or one of the concession stands, at a minimum please become a member of the Viking Backers Booster Club (membership form is available on the Vikingbacker.org website and at the concession

CONTINUED PARTNERSHIPS with Vocelli's Pizza & Freedom Wheels

Our partnership with Vocelli's Pizza is alive and well!!! Join in on the monthly fundraiser!! **Let Vocelli's Pizza cook your dinner on the second Wednesday of every month (beginning Wed, October 12th).** They are offering a competition to all clubs and teams to win 6 free pizzas for a large club/team and 3 for a small club/team. Place your order and tell them which club or team you would like to support. Winners will be announced each month!

The Viking Backers are excited to be **partnered for a second year with Freedom Wheels.** They provide customers with quality, reliable, low-cost used cars while allowing customers to enjoy an informative, no-pressure, no-haggle, educated, and comfortable buying experience and they will donate a portion of the sales to our organization. Freedom Wheels is a subsidiary of Vehicles for Change (VFC) a non-profit, a non-profit organization repairing and providing donated cars to low-income families for employment purposes. If you have a car your family can no longer use, donate to them and receive a tax deduction. Thank-you to ALL the families who donated their cars to the Freedom Wheels Program – the Backers received a check for over 2,000 dollars at the Back-to-School Night!!! **THANKS AGAIN TO ALL THOSE WHO MHHS FAMILIES WHO PARTICIPATED IN THE PROGRAM!!**

We are always looking for new ideas for fundraising events, and of course, volunteers to help all the events to run smoothly. Being a Viking Backer member is an excellent opportunity to join efforts in supporting the school, meet other parents and get involved whenever you can!

The Viking Backers Booster Club supports the entire student body, as well as, the many Mt. Hebron High School Clubs, Athletic and School Activities through its many fundraising efforts!

**VIKING BACKERS
MEETING
SCHEDULE**

**Mt. Hebron Cafeteria
7pm**

Monday, November 7, 2011

Monday, December 5, 2011

Monday, January 9, 2012

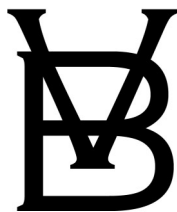
Monday, February 6, 2012

Monday, March 5, 2012

Monday, April 11, 2012

Monday, May 7, 2012

Monday June 4, 2012



**Help us support our kids
and their activities,
and plan to attend our
meetings.**

**Everyone is welcome to be
a part of our vital
fundraising organization.**

Visit us at

www.vikingbackers.org

MORE VIKING BACKERS NEWS FROM LOIS BLEVINS

THANK-YOU TO ALL THE WONDERFUL MT HEBRON PARENT VOLUNTEERS!

The Viking Backers would like to thank all the volunteers who have contributed their time and effort thus far working at either the indoor or outdoor concession stands. We could not have been successful in opening and running both stands over the last several months without your assistance. ***MANY, MANY THANKS for your TREMENDOUS EFFORTS AND TIME!***

LOTS OF HELP IS NEEDED ON HOMECOMING DAY!!

Our next big event is HOMECOMING on Saturday, October 15, 2011. It truly does take a village and on Homecoming Day we will need A LOT of HELPING HANDS. Please consider signing up, donating a bag of ice, or lending a cooler for the day! Here's the newly established link for the Signup Genius for Homecoming: <http://signupgenius.com/go/mthebron3>.

The day is filled with fun times and great team work – so consider volunteering a small window of your time! PLEASE keep an eye open for the volunteer sign up for the day – we will be sending out a signup genius just for homecoming via the eschool news blast. We need over 150 volunteers to run the concession stand, operate a visitor's concession stand, run the band tent during half-time, sell sandwiches/soda in the stands, as well as for sell spiritwear! **Shifts are available to meet everyone's schedule.**

We will also need to borrow coolers, 6' folding tables, and will need donated bags of ice. If you can lend a hand in anyway - it would be greatly appreciated! PLEASE CONSIDER VOLUNTEERING AN HOUR OF YOUR TIME, DONATING ICE, or LENDING OUT YOUR COOLER(S) FOR THE DAY for concession use – the list will be sent out within the week!!

EASY ON-LINE SIGN-UP FOR VOLUNTEERING

Here's the link to the concession Signup Genius for our fall calendar: <http://signupgenius.com/go/mthebron1>. If you're not sure how to sign up or need any additional help, please don't hesitate to email Christine Daugherty at crivero74@yahoo.com or Lois Blevins at lblevins@verizon.net.

THE NEW VIKING BUCKS PURCHASE CARD HAS ARRIVED! Get More Dollars for your Money at the Concession Stand with a Viking Bucks Card! Purchase the Bucks card for \$10 and receive \$12 worth of purchases! The cards are available for purchase at both concession stands! These are GREAT HOLIDAY AND BIRTHDAY GIFTS for any student!

**VIKING BACKERS
2011-2012 OFFICERS**

President - VACANT

Vice President – Administration -
Lois Blevins (acting President)

**1st Vice President – Special Events
and Ongoing Fundraisers**
Karen Jury

**2nd Vice President - Concessions
(Indoor and Outdoor)**
Christine Daugherty

Volunteer Scheduling
Pattie LeConte

Recording Secretary
Margaret Weinstein

Spiritwear – Coral French

Treasurer - Cordt Goldeisen

Assistant Treasurer – Larry Schwartz

**Indoor Concession Committee
Chair – VACANT**

Vegas Night Committee Chair
Tracey Tavai

Basket Bingo Committee Chair
Pam Komons

Membership Committee Chair
Pam Jones

Webmaster – Tina Wumer

5k Race - John Vaugn

Vocelli’s Pizza Chair – Jane Walker

Past-President - Debbie Batzer

Holiday Tree and Trim Sale
Joe Blevins

We look forward to working with all the current and new volunteers on the Backers’ committee!

VIKING BACKERS NEWS, CONTINUED

VIKING BACKERS OFFICERS & COMMITTEE CHAIRS

Thanks you to ALL the officers and committee members for your hard work and diligence in getting the new school year off to a FABULOUS start!

SPECIAL THANKS TO CHRISTINE DAUGHERTY!

The Booster Club would like to acknowledge the hard work and extreme dedication of Ms. Christine Daugherty, a freshman mom who has stepped up to take the position of Vice President of Concessions. **Please join me in thanking Christine for her hard work day after day to ensure BOTH concession stands are up and running at EVERY designated event** and consistently having plenty of food and drinks for our children (and the Mt. Hebron staff). Christine has worked tirelessly with various entities in getting BOTH concession stands aligned and up and running in accordance to ALL Howard County Safe Serve requirements. **THANK-YOU CHRISTINE!**

LEADERS AND COMMITTEE MEMBERS WANTED

If you are interested in leading, we are currently looking for members to 1) serve on our indoor concessions committee, 2) oversee the taxes and non-profit status, and 3) serve as Viking Backers President. If you’d like to consider acting in a temporary capacity to see if a particular position is a good fit for you, let us know or email ljblevins@verizon.net (Lois Blevins) to chat more about the roles of a particular position(s).

In addition, we need volunteers for committees that will plan our major fall and spring fundraisers. We look forward to working with all the existing and new volunteers on the Backers’ committee throughout the school year!



UPCOMING FUNDRAISER
Longaberger Basket-Vera Bradley Basket Bingo



When: November 18, 2011; Doors open at 6 pm

Where: FOP Lodge in Catonsville

Tickets: \$25 online at our store starting in September or purchased before November 16th from a Viking Backer representative or Team Parent Rep. \$30 at the door on November 18.

Can you assist us?

We accept donations of many types. Sometimes it is fun to do a theme such as movie night, gas cards, car care, exercise basket, team sport basket, cooking basket, Mexican Night, or Out for the Night. Besides items, gift cards, services, or certificates etc would be appreciated. If you would rather, you can give a monetary donation to be used to purchase items to fill the baskets and bags.

We are also offering sponsorships for \$125 for business or individuals who would like to sponsor a bag or basket. All donations can be picked up, dropped off at school to the Viking Backer mailbox, or mailed to PO Box 775, Ellicott City MD 21043. All donations are tax deductible and we will send you a receipt. Please send an email to Pam Komons, the committee chair of this event at pamelakomons@verizon.net to let us know you if you would like to assist that evening, or will be sending a donation or if you need a pickup. If you have any questions, please contact us. We are excited to launch this activity



DRIVER'S EDUCATION



DRIVERS EDUCATION

Once again we will have **two driving schools to choose from - Greg's Driving School and Street Smarts** as well as an SAT prep class. Check our website for dates and times.

*GREG'S and STREET SMARTS Driving Academies for the upcoming school year! All classes will be held at Mt. Hebron High School. **Plan Ahead For the Winter Months!***

Classes being offered by the Viking Backers through the end of the year:

DATE: 10/17/11 - 10/31/11 (no class on 10/21) - TIME: 3:00 pm – 6:15 pm – Greg's Driving School – Classroom 105

*Special Winter Athlete Class – Enroll now and complete drivers ed before the start of the Winter Sports Season!

DATE: 11/1/11 – 11/15/11 - TIME: 3:00 pm – 6:15 pm – Street Smarts' Driving School – Room 103 (no class on 11/4)

DATE: 11/7/11 – 11/18/11 - TIME: 3:00 pm – 6:15 pm – Greg's Driving School – Room 105

DATE: 12/1/11 to 12/14/11 - TIME: 3:00 pm – 6:15 pm – Street Smarts' Driving School – Room 103

DATE: 01/02/12 to 02/13/12 - TIME: 3:00 pm – 6:15 pm – Greg's Driving School – Room 105

www.streetSMARTSmd.com – Phone number: [443-355-4238](tel:443-355-4238) www.gregsdrivingschool.net - Phone number: [800-456-1255](tel:800-456-1255)

Frequently Asked Questions about Drivers Education:

- **Am I required to take Driver's Ed?** Yes – in Maryland, the law requires everyone to complete an MVA-certified Driver's Education course in order to obtain a new driver's license. This rule applies to all Maryland residents, regardless of age.
- **Do I need a learner's permit to take the Driver's Ed class?** You do not need a learner's permit to take the class – in fact; you can begin the class as early as age 15. Many students find that taking the class first helps them to pass the MVA learner's permit test later when they apply for a permit (You can apply for a learner's permit at the age of 15 and 9 months).
- **The course consists of two parts: a classroom portion, and an in-car driving portion.** Students may take the classroom portion without a learner's permit, and then return for the on-the-road training after they have obtained their permit.





MT. HEBRON HIGH SCHOOL PTSA

MEMBERSHIP 2011-2012

When PTSA gets involved, children benefit.

When you get involved with PTSA, the child who benefits most is your own.

Dear Mount Hebron Parents, Teachers, Students and Friends:

You are invited to join the Mount Hebron PTSA. The PTSA is an organization committed to enhancing the educational environment at Mt. Hebron by providing informational programs, communicating with the school board and legislators, and sponsoring student-related events. The PTSA is a voice for parents, teachers, administrators, staff and students. This year the PTSA will:

- Maintain a PTSA website which includes the Week-At-A-Glance, spotlighting school events
- Publish monthly newsletters
- Publish a school directory of students and parents
- Provide countless volunteer hours to support students, administration and staff
- Offer SAT prep courses
- Sponsor After-Prom Party, Honor Roll Recognition Night, Baccalaureate, Prom Promise Program
- And MORE...

Your membership dues of \$10.00 per person help provide funding for these special events and programs. Become a PTSA Patron with a donation of \$25.00 and show additional support for the PTSA. This is the only fund-raiser for the PTSA this year.

NOTE: Seniors and at least one parent must be members to be eligible for PTSA scholarships.

We live in one of the wealthiest counties in the country. Please join today to show your support and help us reach 100% membership.

Thank you!

Cheryl Sinclair
Mount Hebron PTSA Membership Committee

PTSA Membership Form

Name _____

Student Name _____ Grade _____

Student Name _____ Grade _____

Address _____

Home Phone _____

eMail Address: _____ (For confirmation of your payment)

Member (\$10/person) _____ Student Member (\$5/person) _____ Patron (\$25/person) _____

Make check payable to: MT. HEBRON PTSA. You may mail your membership to PTSA Membership Chairman, 9440 Rte. 99 Ellicott City, Md. 21042, or drop it off at the school office in the PTSA Mailbox. Thank you for joining the PTSA!!

Mt. Hebron High School PTSA Volunteers Needs - 2011-2012 School Year

Guidance Volunteers

___ Assist college representatives giving information to students at MTH (two or four mornings/month Sept - Dec)

___ Assist with "Mock Job Interview Day" for juniors (one or two days in late March). Volunteers are needed to be interviewers or to assist with hospitality.

After Prom Event for Juniors/Seniors

- ___ Serve on Committee for planning
- ___ Sell tickets during lunch shifts
- ___ Help out night of After Prom
- ___ Help with the raffle

Hospitality Committee

	Date
Welcome Back Lunch	8/25/11
Conference Dinner	11/23/11
Conference	2/15/12
Staff Appreciation Week	5/7-5/12
End of Year Lunch	6/2012

Mulch Sale Volunteers for Late March/Early April (7am to Noon)

- ___ Mulch Event Coordinator-work with subgroups to coordinate event
- ___ Mulch Sale Committee member
- ___ Drivers- drive your own truck, trailer or other vehicle to deliver mulch
- ___ Loaders- load mulch onto volunteer trucks
- ___ Loading bay Supervisor- count bags in each order
- ___ Loading bay Cleaners- keep bay area free of debris
- ___ Help find volunteers

Honor Roll Recognition Committee

- ___ Help prepare award packets

Work Event

Donate Food

___	___
___	___
___	___
___	___
___	___

Name _____

Address _____

Phone (Home) _____ (Work) _____ (Cell) _____

Email Address _____

Student(s) Name / Grade _____

Student(s) Name / Grade _____

We can't do it without you.

Volunteers from every class (Freshman - Senior) are welcome!

Please check the volunteer area(s) that interests you. A committee chair will contact you with more details.
Return this form to the Front Office, Mt. Hebron High School PTSA, 9440 Rt. 99, Ellicott City, MD 21042
or email the information to joemon4@verizon.net.

If you have questions, please contact: Monica Machovec at (410) 465-8534 or email joemon4@verizon.net.

Spanish Tutoring

PLEASE JOIN US FOR WEEKLY SPANISH TUTORING THROUGH THE NATIONAL SPANISH HONOR SOCIETY



**EVERY TUESDAY
2:15-3:00**

ROOM 154

***BRING TEXTBOOK , WORKBOOK AND
ANY CLASS NOTES***

****FOR QUESTIONS, SEE MRS. CORNELL OR MRS.
GONZALEZ***

The Howard County Family Institute presents

“New Age” Challenges for Parents of Adolescents

Join us for an honest and practical panel discussion on issues facing today’s parents of middle and high schoolers. Our panel of local representatives from several community programs will address pointers for maintaining open communication with teens, including:

- ✧ Social media challenges and how to bridge the technology gap between generations
- ✧ Adolescents and dating
- ✧ Bullying, cyber-bullying, and harassment
- ✧ Transitioning to middle school and high school

After presentations from each panel member, all parents will have the opportunity to take part in an open discussion or submit questions anonymously, depending on their comfort level.

Thursday, October 27, 6:30 - 8:30 pm

The Bain Center

5470 Ruth Keeton Way, Columbia, MD 21044

FREE - Space is limited; please **pre-register** by calling 410-313-1940 or emailing children@howardcountymd.gov (we’ll need your name and contact email). This discussion is for parents only!

The Howard County Family Institute is a parent education program of the Office of Children’s Services, Department of Citizen Services. We offer informational sessions and training workshops for parents on many topics, including child development, positive discipline, finding resources, and adolescent issues. To learn more, please call us at 410-313-1940.

Join the
Mt. Hebron Parents of African American Students
 on our trip to
New York City

Where: New York, NY
When: Friday, November 4th, 2011
Departing From: Mt. Hebron H.S. at 5:30AM
Returning to: Mt. Hebron H.S. on Fri. Nov. 4th, at: 10:30PM
Cost: \$60 per person
Objective: Cultural Sightseeing, Educational, & Recreational

Snack will be provided on the bus. Parents should plan to make arrangements to drop off and pick up the student within 15 minutes of departure and return. Transportation will be provided by Corporate Executive Coach, LLC. Total number of Students: 160, Anticipated Ratio of Chaperones to Students: 1 to 7

Planning is still underway, however a sampling of activities includes:

- > Campus tours - College Visits
- > Museums & Shopping
 - 125th St. Harlem Shopping
 - Schonberg Museum - The Jazz Museum in Harlem
 - Apollo Theatre Foundation, Inc.
- > Times Square
 - Macy's, Street Vendors, Century, Saks, Barneys NY
 - Apple Store, 5th Avenue, Bloomingdales, Tiffany's
 - MoMA Design Store, SoHo, Henri, Bendel



www.mthpaas.wordpress.com



Please note this is not a Howard County Public School System/Mt. Hebron sponsored event.
 The trip has been arranged by the Mt. Hebron Parents of African American Students. If you have any questions or would like to chaperone please contact Paul Haley at 443-271-8641 or email pjh7878@yhcac.com. If you are interested in having your student attend please complete & return the form below with a check made out to PAAS of Mt. Hebron to cover the cost of the trip. Return forms to Ms. Harrington in her classroom or Paul Haley at 2645 Jeanette Court, Ellicott City, MD 21042

I grant permission for _____ to go to _____

on _____, I RECOGNIZE THAT THE PARENTS OF AFRICAN

AMERICAN STUDENTS CANNOT BE HELD RESPONSIBLE FOR CONDITIONS BEYOND THEIR CONTROL.

SIGNATURE: _____ DATE: _____ PHONE: _____

ALL FORMS MUST BE RETURNED BY :OCTOBER 21, 2011



Attention Parents—Please join us for our workshop: **Little-Known Secrets of Paying for College**

- Attend expensive private schools for the same out-of-pocket as in-state public schools.
- Pay for college in the most efficient and effective manner.
- Avoid jeopardizing your retirement nest egg.
- Qualify for your maximum Financial Aid package.
- Discover unique student positioning techniques.
- Gain an insider's view of the college admissions process.
- Recapture your out-of-pocket college costs.
- And much, much more!

Techniques
for parents
with kids of
all ages!

2011 Fall/Winter Course Schedule:*

Howard County

Registration: 410-772-4975, <http://coned.howardcc.edu/>

\$59 for Residents and Non-Residents

Tuesday, October 4 (1 Night ONLY!)

6:30—9:30 pm

Gateway Campus

6751 Columbia Gateway Drive

Columbia, MD 21046

Thursday, November 3 (1 Night ONLY!)

6:30—9:30 pm

Laurel College Center

312 Marshall Avenue

Laurel, MD 20707

Montgomery County

www.montgomerycollege.edu/wdce/registerops.html

\$42 for Residents, \$72 for Non-Residents

Thursday, September 15 & 22

7:00—9:00 pm

Walter Johnson HS

6400 Rock Spring Drive

Bethesda, MD 20814

Wednesday, October 26 & November 2

7:00—9:00 pm

Bethesda-Chevy Chase HS

4301 East-West Highway

Bethesda, MD 20814

Thursday, November 10 & 17

7:00—9:00 pm

Rockville HS

2100 Baltimore Road

Rockville, MD 20851

Tuesday, November 29 & December 6

7:00—9:00 pm

Walter Johnson HS

6400 Rock Spring Drive

Bethesda, MD 20814

*Montgomery County and Virginia workshops are two 2-hour sessions. VIRGINIA schedule available upon request—703.891.6681.

—THE
COLLEGE FUNDING COACH

Your Instructor: Brock T. Jolly, CFP®, ChFC, CLU, CLTC, CASL, is a Financial Advisor and regular educator in community and professional groups on college financing, tax reduction strategies, and retirement planning. His practice is dedicated to helping families implement creative long-term financial strategies to fund college and retirement with minimal out-of-pocket cost. Brock is a graduate of the University of Virginia. For additional questions, please feel free to call Brock at 703-891-6681.

SAVE THE DATE!!!

Tuesday, November 8th, from 4:30-6:00PM

Winter, 2011, Sports Sign-Up

All Students interested in trying out for a Winter Sport at Mt. Hebron High School are urged to attend our Winter Sports Sign-up Night on Tuesday, November 8th, from 4:30-6:00PM in the MTH Cafeteria. Please bring with you the following information: (Bold indicates forms can be down loaded at www.mthebron.com):

- 1. Pre-Participation Physical Examination (dated on/after April 1, 2011)**
- 2. Impact Concussion Tested (Valid for two years). Parents/Guardians must complete and Sign the HCPSS Concussion Permission forms** which are to be turned in to the Trainer at the start of the Impact Test. MTH will conduct the Impact Concussion Test on Tuesday, Wednesday & Thursday, November 1st, 2nd and 3rd during these three time slots, 3:30-4:15; 4:15-5:00; 5:00-5:45 in the school's media center. Winter student athletes candidates in need of the concussion test are to sign-up for one of the three dates and time slots on Sign-up sheets located on Ms. Prevosto's door (October 31st). Students are asked to arrive approximately ten minutes prior to the start of their test time.
- 3. Parent Permission Form**
- 4. Photo copy of their Birth Certificate (only if this is their first time participating in a sport at MTH)**
- 5. Meet the HCPSS Academic Eligibility Requirements (No "E" grades, Minimum 2.0 GPA on their 1st Quarter report Card in order to try-out);**
- 6. Residency Verification (in the form of a BGE Bill, Water Bill or Land Line phone bill - required once per school year)**

Winter Sports try-outs begin Tuesday, November 15th, 2011. Students MUST meet ALL the Participation requirements above and hand in all necessary paperwork ON OR BEFORE November 15th, in order to participate in the Winter try-outs.

Winter Athletic Programs

Allied Co-Ed Bowling
JV & Varsity Boy's Basketball
JV & Varsity Girl's Basketball
JV & Varsity Cheerleading
Boy's & Girl's Indoor Track
JV & Varsity Wrestling

Mt. Hebron Athletics Fall 2011

JV & Varsity Cheerleading

10/20	Thursday	Autumn Invite @ Centennial HS	5:00
10/31	Monday	District V JV Cheer Invite @ TBA	5:00
11/3	Thursday	Varsity Cheer Champ @ CHS	5:00

Varsity & JV Field Hockey

9/3	Saturday	Playday @ MTH	H 8:00-5:00
9/10	Saturday	Garrison Forest	A 10:00
9/13	Tuesday	River Hill	H 3:30/5:00
9/16	Friday	Oakland Mills	A 3:30/5:00
9/20	Tuesday	Centennial	H 3:30/5:00
9/23	Friday	Wilde Lake	A 3:30/5:00
9/27	Tuesday	Reservoir	A 3:30/5:00
9/30	Friday	Howard	A 3:30/5:00
10/4	Tuesday	Atholton	H 3:30/5:00
10/6	Thursday	Marriotts Ridge	A 3:30/5:00
10/10	Monday	Fallston	A 3:30/5:00
10/11	Tuesday	Long Reach	A 3:30/5:00
10/14	Friday	Glencg	H 3:30/5:00
10/18	Tuesday	Hammond	H 3:30/5:00

Varsity Football

8/20	Saturday	Scrim @ Calvert Hall	A 10:00
8/27	Saturday	Scrim @ Thomas Stone	A 10:00
9/2	Friday	Oakland Mills	A 7:00
9/12	Monday	Hammond @ Rockburn Park #6	A 7:00
9/16	Friday	Howard	A 7:00
9/23	Friday	Centennial	H 7:00
9/30	Friday	Reservoir	A 7:00
10/6	Thursday	Wilde Lake	H 6:00
10/15	Saturday	Long Reach (HOMECOMING)	H 1:00
10/21	Friday	Marriotts Ridge	A 7:00
10/29	Saturday	Atholton	A 1:30
11/4	Friday	River Hill	H 7:00

Volleyball 9th, JV, & Varsity

8/20	Saturday	Varsity Playday @ River Hill HS	8:30AM
8/27	Saturday	Varsity Playday @ Reservoir HS	A 8:30AM
8/27	Saturday	JV Playday @ Howard HS	A 9:00AM
8/31	Wednesday	9th Playday @ Reservoir HS	A 3:30PM
9/7	Wednesday	Fallston (JV & Varsity only)	A 4:00/5:30
9/13	Tuesday	River Hill	A 3:30/4:30/5:30
9/15	Thursday	Oakland Mills	H 3:30/4:30/5:30
9/20	Tuesday	Centennial	A 3:30/4:30/5:30
9/22	Thursday	Wilde Lake	H 3:30/4:30/5:30
9/24	Saturday	Thomas Johnson HS Tournament	A 8:00AM
9/27	Thursday	Reservoir	A 3:30/4:30/5:30
10/4	Tuesday	Howard	H 3:30/4:30/5:30
10/6	Thursday	Atholton	A 3:30/4:30/5:30
10/11	Tuesday	Marriotts Ridge	H 3:30/4:30/5:30
10/13	Thursday	Long Reach	H 3:30/4:30/5:30
10/18	Tuesday	Glencg	A 3:30/4:30/5:30
10/20	Thursday	Hammond	H 3:30/4:30/5:30
10/25	Tuesday	River Hill	H 3:30/4:30/5:30
10/27	Thursday	Oakland Mills	A 3:30/4:30/5:30

Cross Country

9/3	Saturday	Interstate Classic @ Clearspring HS	9:00
9/9	Friday	Howard City Invite @CHS	3:30
9/14	Wednesday	CHS & MRHS @ Centennial HS	3:00
9/17	Saturday	South Carroll Cavalier Classic	10:00
9/24	Saturday	Bull Run Invite @ Hereford HS	10:00
9/27	Tuesday	LRHS & RHHS @ River Hill	4:00
10/1	Saturday	Bobcat Invite @ Old Gunpowder SP	9:00
10/10	Monday	Scorpion Crawl	4:00
10/12	Wednesday	AHS & GHS @ Atholton HS	4:00
10/25	Tuesday	Ho City Championship @ CHS	3:00
11/3	Thursday	3A Region Champ @ CHS	3:00
11/12	Saturday	3A State Champ @ Hereford HS	10:00

JV Football

9/2	Friday	Oakland Mills	A 4:30
9/8	Thursday	Hammond	A 4:00
9/15	Thursday	Howard	H 4:00
9/22	Thursday	Centennial	A 4:00
9/28	Wednesday	Reservoir	H 3:00
10/6	Thursday	Wilde Lake	H 3:30
10/13	Thursday	Long Reach	A 4:00
10/19	Wednesday	Marriotts Ridge	H 4:00
10/27	Thursday	Atholton	H 4:00
11/3	Thursday	River Hill	A 4:00

Golf

8/23	Tuesday	vs. River Hill @ Turf Valley	H 3:00
8/25	Thursday	at Oakland Mills @ Fairway H	A 3:00
8/30	Tuesday	vs. Centennial @ Turf Valley	H 3:00
9/1	Thursday	at Wilde Lake @ Turf Valley	A 3:00
9/6	Tuesday	at Reservoir @ Turf Valley	A 3:00
9/8	Thursday	at Howard @ Turf Valley	A 3:00
9/13	Tuesday	vs. Atholton @ Waverly	H 3:00
9/15	Thursday	at Marriotts Ridge @ Waverly	A 3:00
9/20	Tuesday	at Long Reach @ Willow Spr	A 3:00
9/21	Wednesday	vs. Glencg @ Turf Valley	H 3:00
9/22	Thursday	vs. Hammond @ Turf Valley	H 3:00
9/27	Tuesday	City Golf Champ @ Timbers	A 7:00AM
10/14	Friday	Dist V Golf Tour @ Fairway	A 9:00AM

Boys' JV & Varsity Soccer

9/8	Thursday	Fallston	A 4:00/5:30
9/10	Saturday	Tour @ Magruder	A 1:00
9/13	Tuesday	River Hill	H 4:00/5:30
9/15	Thursday	Oakland Mills (JV only)	A 5:30
9/16	Friday	Oakland Mills (Varsity only)	H 7:00
9/20	Tuesday	Centennial	H 4:00/5:30
9/22	Thursday	Wilde Lake	A 4:00/5:30
9/27	Tuesday	Reservoir	H 4:00/5:30
10/3	Monday	Howard	A 4:00/5:30
10/5	Wednesday	Atholton	H 4:00/5:30
10/11	Tuesday	Marriotts Ridge	A 4:00/5:30
10/14	Friday	Long Reach	A 5:30/7:00
10/18	Tuesday	Glencg	H 4:00/5:30
10/20	Thursday	Hammond	H 4:00/5:30

Girls' JV & Varsity Soccer

9/10	Saturday	Tour @ Walter Johnson (V)	A 11:00
9/13	Tuesday	River Hill	A 4:00/5:30
9/15	Thursday	Oakland Mills (JV only)	A 4:00
9/16	Friday	Oakland Mills (Varsity only)	H 5:30
9/19	Monday	Fallston	H 4:00/5:30
9/20	Tuesday	Centennial	A 4:00/5:30
9/22	Thursday	Wilde Lake	H 4:00/5:30
9/27	Tuesday	Reservoir	A 4:00/5:30
10/3	Monday	Howard	H 4:00/5:30
10/5	Wednesday	Atholton	A 4:00/5:30
10/11	Tuesday	Marriotts Ridge	H 4:00/5:30
10/13	Thursday	Long Reach	H 4:00/5:30
10/18	Tuesday	Glencg	A 4:00/5:30
10/20	Thursday	Hammond	A 4:00/5:30

Allied Co-Ed Soccer

9/26	Monday	Howard	H 3:00
10/03	Monday	River Hill/Reservoir @ REHS	A 3:00
10/04	Tuesday	Centennial	H 3:00
10/10	Monday	Atholton	H 3:00
10/12	Wednesday	Long Reach	A 3:00
10/17	Monday	Marriotts Ridge	H 3:00
10/19	Wednesday	Pumpkin Bowl - All Schools	A 3:00

REVISED 10/03/11

Mt Hebron High School - Fall Post Season Schedule

COME OUT & SUPPORT YOUR VIKINGS

Allied Soccer, Cheerleading, Cross Country, Field Hockey, Football, Golf, Soccer & Volleyball
(Site to be determined by bracket position for sports that draw for play-offs)

Allied Soccer

Pumpkin Bowl, Time TBD, Site Western Regional Park

Cheerleading

October 20 – Autumn Invitational AT Centennial HS, 5:00PM

November 3 – Varsity Championship AT Centennial HS, 5:00PM

Cross Country

October 25 – County Championship AT Centennial High School, 3:00PM

November 3rd – Region Championship AT Centennial High School, 3:00PM

November 12 – State Championship AT Hereford High School, 10:00AM

Field Hockey

October 20 – Draw for Tournament bracket positions

October 25 – First Round (Bye is possible)

October 27 – Region Quarterfinals

October 31 – Region Semi-Finals

November 2 – Region Finals

November 7/9 – State Semi-finals

November 12 – State Championship

Football

November 11/12 – Region Semi-Finals

November 18/19 – Region Finals

November 25 & 26 – State Semi-Finals

December 2 & 3 – State Championship

Golf

October 14 – District V Championship, Fairway Hills, 9:00AM

October 24 – State Semi-Finals @ UMCP

October 26 – State Championship @ UMCP

Boy's & Girl's Soccer

October 24 – Draw for Soccer Tournament bracket positions

October 28 – First Round

November 1 – Region Quarterfinals

November 4 – Region Semi-finals

November 8 – Region Finals

November 11/12 – State Semi-finals

November 17/18/19 – State Championship

Volleyball

October 31 – Draw for Volleyball bracket positions

November 2 – MTH Hosts the District V Championship, 6:00PM

November 3/4 – First Round

November 7 – Region Quarterfinals

November 9 – Region Semi-finals

November 11/12 – Region Finals

November 14-17 – State Semi-finals

November 19 – State Championship

Please be advised that each Play-off Site will Charge an Admission Fee in accordance with District V & MPSSAA Policies. GOOD LUCK MTH...GO VIKINGS!!!